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# Scrutiny Inquiry Panel - Dementia Friendly Southampton

Thursday, 29th October, 2015 at 5.30 pm PLEASE NOTE TIME OF MEETING

Conference Room 3 - Civic Centre

This meeting is open to the public

#### Members

Councillor Burke Councillor Coombs (Chair) Councillor Houghton Councillor Lewzey (Vice-Chair) Councillor McEwing Councillor Painton Councillor Parnell

#### Contacts

Senior Democratic Support Officer Judy Cordell Tel: 023 8083 2766 Email: judy.cordell@southampton.gov.uk

Scrutiny Manager Mark Pirnie Tel: 023 8083 3886 Email: mark.pirnie@southampton.gov.uk

## **PUBLIC INFORMATION**

#### Role of Scrutiny Panel Inquiry – Dementia Friendly Southampton

The Overview and Scrutiny Management Committee have instructed the Scrutiny Panel to undertake an inquiry into Dementia Friendly Southampton.

Purpose: To review how far the Council is progressing in making Southampton a dementia friendly city and to identify further actions needed using the recognised framework developed by Alzheimer's Society.

#### Southampton City Council's Priorities

- Jobs for local people
- Prevention and early intervention
- Protecting vulnerable people
- Affordable housing
- Services for all
- City pride
- A sustainable Council

**Use of Social Media:-** The Council supports the video or audio recording of meetings open to the public, for either live or subsequent broadcast. However, if, in the Chair's opinion, a person filming or recording a meeting or taking photographs is interrupting proceedings or causing a disturbance, under the Council's Standing Orders the person can be ordered to stop their activity, or to leave the meeting.

#### **Public Representations**

At the discretion of the Chair, members of the public may address the meeting about any report on the agenda for the meeting in which they have a relevant interest.

**Smoking policy** – the Council operates a no-smoking policy in all civic buildings.

**Mobile Telephones** – please turn off your mobile telephone whilst in the meeting.

**Fire Procedure** – in the event of a fire or other emergency a continuous alarm will sound and you will be advised by Council officers what action to take.

Access – access is available for the disabled. Please contact the Democratic Support Officer who will help to make any necessary arrangements.

#### **Dates of Meetings: Municipal Year**

2015	2016			
24 September	21 January			
29 October	25 February			
19 November	7 April			
3 December				

### **CONDUCT OF MEETING**

#### **TERMS OF REFERENCE**

The general role and terms of reference of the Overview and Scrutiny Management Committee, together with those for all Scrutiny Panels, are set out in Part 2 (Article 6) of the Council's Constitution, and their particular roles are set out in Part 4 (Overview and Scrutiny Procedure Rules – paragraph 5) of the Constitution.

#### **RULES OF PROCEDURE**

The meeting is governed by the Council Procedure Rules and the Overview and Scrutiny Procedure Rules as set out in Part 4 of the Constitution.

#### **BUSINESS TO BE DISCUSSED**

Only those items listed on the attached agenda may be considered at this meeting.

#### QUORUM

The minimum number of appointed Members required to be in attendance to hold the meeting is 3.

#### **DISCLOSURE OF INTERESTS**

Members are required to disclose, in accordance with the Members' Code of Conduct, **both** the existence **and** nature of any "Disclosable Pecuniary Interest" or "Other Interest" they may have in relation to matters for consideration on this Agenda.

#### **DISCLOSABLE PECUNIARY INTERESTS**

A Member must regard himself or herself as having a Disclosable Pecuniary Interest in any matter that they or their spouse, partner, a person they are living with as husband or wife, or a person with whom they are living as if they were a civil partner in relation to:

(i) Any employment, office, trade, profession or vocation carried on for profit or gain.

(ii) Sponsorship:

Any payment or provision of any other financial benefit (other than from Southampton City Council) made or provided within the relevant period in respect of any expense incurred by you in carrying out duties as a member, or towards your election expenses. This includes any payment or financial benefit from a trade union within the meaning of the Trade Union and Labour Relations (Consolidation) Act 1992.

(iii) Any contract which is made between you / your spouse etc (or a body in which the you / your spouse etc has a beneficial interest) and Southampton City Council under which goods or services are to be provided or works are to be executed, and which has not been fully discharged.

(iv) Any beneficial interest in land which is within the area of Southampton.

(v) Any license (held alone or jointly with others) to occupy land in the area of Southampton for a month or longer.

(vi) Any tenancy where (to your knowledge) the landlord is Southampton City Council and the tenant is a body in which you / your spouse etc has a beneficial interests.

(vii) Any beneficial interest in securities of a body where that body (to your knowledge) has a place of business or land in the area of Southampton, and either:

a) the total nominal value for the securities exceeds £25,000 or one hundredth of the total issued share capital of that body, or

b) if the share capital of that body is of more than one class, the total nominal value of the shares of any one class in which you / your spouse etc has a beneficial interest that exceeds one hundredth of the total issued share capital of that class.

## **Other Interests**

A Member must regard himself or herself as having an 'Other Interest' in any membership of, or occupation of a position of general control or management in:

Any body to which they have been appointed or nominated by Southampton City Council

Any public authority or body exercising functions of a public nature

Any body directed to charitable purposes

Any body whose principal purpose includes the influence of public opinion or policy

## **Principles of Decision Making**

All decisions of the Council will be made in accordance with the following principles:-

- proportionality (i.e. the action must be proportionate to the desired outcome);
- due consultation and the taking of professional advice from officers;
- respect for human rights;
- a presumption in favour of openness, accountability and transparency;
- setting out what options have been considered;
- setting out reasons for the decision; and
- clarity of aims and desired outcomes.

In exercising discretion, the decision maker must:

- understand the law that regulates the decision making power and gives effect to it. The decision-maker must direct itself properly in law;
- take into account all relevant matters (those matters which the law requires the authority as a matter of legal obligation to take into account);
- leave out of account irrelevant considerations;
- act for a proper purpose, exercising its powers for the public good;
- not reach a decision which no authority acting reasonably could reach, (also known as the "rationality" or "taking leave of your senses" principle);
- comply with the rule that local government finance is to be conducted on an annual basis. Save to the extent authorised by Parliament, 'live now, pay later' and forward funding are unlawful; and
- act with procedural propriety in accordance with the rules of fairness.

#### AGENDA

Agendas and papers are now available via the City Council's website

#### 1 APOLOGIES AND CHANGES IN PANEL MEMBERSHIP (IF ANY)

To note any changes in membership of the Panel made in accordance with Council Procedure Rule 4.3.

#### 2 DECLARATIONS OF SCRUTINY INTEREST

Members are invited to declare any prior participation in any decision taken by a Committee, Sub-Committee, or Panel of the Council on the agenda and being scrutinised at this meeting.

#### 3 DISCLOSURE OF PERSONAL AND PECUNIARY INTERESTS

In accordance with the Localism Act 2011, and the Council's Code of Conduct, Members to disclose any personal or pecuniary interests in any matter included on the agenda for this meeting.

#### 4 DECLARATION OF PARTY POLITICAL WHIP

Members are invited to declare the application of any party political whip on any matter on the agenda and being scrutinised at this meeting.

#### 5 STATEMENT FROM THE CHAIR

#### 6 <u>MINUTES OF PREVIOUS MEETING (INCLUDING MATTERS ARISING)</u> (Pages 1-2)

To approve and sign as a correct record the Minutes of the meeting held on 24<sup>th</sup> September 2015 and to deal with any matters arising, attached.

#### 7 **<u>CONSULTATION FEEDBACK</u>** (Pages 3 - 8)

Report of the Head of Legal and Democratic Services noting the feedback from a visit to a dementia café, supporting an application to being recognised as a dementia friendly community and the appointment of an organisation to oversee the process of making Southampton dementia friendly, attached.

#### 8 <u>MEETING TWO - CHALLENGE STIGMA, ACKNOWLEDGE POTENTIAL AND</u> ENGAGEMENT IN COMMUNITY LIFE (Pages 9 - 12)

Report of the Director of Quality and Integration to develop an understanding and identify best practice in challenging stigma, acknowledging potential and engagement in community life, attached.

Wednesday, 21 October 2015 HEAD OF LEGAL AND DEMOCRATIC SERVICES

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## SCRUTINY INQUIRY PANEL - DEMENTIA FRIENDLY SOUTHAMPTON MINUTES OF THE MEETING HELD ON 24 SEPTEMBER 2015

<u>Present:</u> Councillors Coombs, Houghton, Lewzey, Lloyd, Mintoff and Parnell

<u>Apologies:</u> Councillors Burke, McEwing and Painton

## 1. ELECTION OF CHAIR AND VICE-CHAIR RESOLVED that:

- (i) Councillor Coombs be elected as Chair for the Municipal Year 2015/16; and
- (ii) Councillor Lewzey be elected as Vice-Chair for the Municipal Year 2015/16.

#### 2. APOLOGIES AND CHANGES IN PANEL MEMBERSHIP (IF ANY)

The Committee noted the apologies of Councillor Painton. It was also noted that following receipt of the temporary resignation of Councillors Burke and McEwing from the Panel, the Head of Legal and Democratic Services, acting under delegated powers, had appointed Councillors Lloyd and Mintoff to replace them for the purposes of this meeting.

#### 3. DECLARATIONS OF SCRUTINY INTEREST

Councillor Lewzey declared that he was appointed by the Executive to represent the Council on the Southern Health NHS Foundation Trust.

#### 4. INQUIRY TERMS OF REFERENCE

The Panel considered the report of the Head of Legal and Democratic Services setting out the terms of reference and the project plan for the Inquiry.

#### RESOLVED:-

- (i) that the terms of reference as set out in Appendix 1 to the report be noted; and
- (ii) that the outline inquiry project plan as set out in the terms of reference be approved.

#### 5. **INTRODUCTION TO THE INQUIRY**

The Panel considered the report of the Director of Quality and Integration setting out the introduction to the review on making Southampton a Dementia Friendly City.

**<u>RESOLVED</u>** that the following comments, from the Cabinet Member for Health and Adult Social Care, an independent expert from the Alzheimer's Society, Andover Mind and Southampton City Integrated Commissioning Unit be noted and used as evidence in the review:

#### Councillor Shields – Cabinet Member for Health and Adult Social Care

Councillor Shields welcomed the Inquiry stating that this was a good chance to find out what is going on across the City and to position Southampton as a leading dementia

friendly City in Europe. Key challenges in the City include appropriate mix of housing to support people to live independently, making our town and district centres dementia friendly, equipping public sector staff and understanding the leadership required from the City Council.

#### Penny Ford – Dementia Action Alliances Projects Manager, Alzheimer's Society

Powerpoint presentation giving a broad overview of how a wide range of organisations working together can become dementia friendly, through awareness raising, reviewing current practices and adapting to meet the needs of people living with dementia, by giving examples of best practise from across the country. Presentation published as background documents for Members.

#### Debbie Moreshead (Andover Mind) - Project Lead, Dementia Friendly Hampshire

Powerpoint presentation giving details on how to create a dementia friendly community in Southampton using examples of best practise used to set up Dementia Friendly Hampshire including key objectives, results met, targets achieved, what went well, what could be improved. Presentation published as background documents for Members.

#### Amanda Luker – Commissioner, Southampton Integrated Commissioning Unit

It was reported:

- That a Dementia Partnership exists in Southampton.
- There was a desire to establish a Dementia Action Alliance.
- Last year, working with Age UK, a number of community support groups were provided funding for one year to pilot initiatives, including: art, seafaring, singing for the brain, walking, green care project at Down to Earth community farm.
- Some groups had been successful and had secured alternative funding. Some groups were not well attended and may not have been what people with dementia were looking for.
- Memory Cafes in the City were supported by Admiral Nurses.
- Gaps in the city identified include awareness in care homes / residential homes, busses, engagement work about what people in Southampton want.

		ER:	SCRUTINY INQUIRY PANEL- DEMENTIA FRIENDLY SOUTHAMPTON		
SUBJECT: CONSULTATION FEEDBACK					
DATE C	OF DECIS	CISION: 29 OCTOBER 2015			
REPOR	T OF:		HEAD OF LEGAL AND DEMOCR	ATIC S	SERVICES
			CONTACT DETAILS		
AUTHO	R:	Name:	Mark Pirnie	Tel:	023 8083 3886
		E-mail:	Mark.pirnie@southampton.gov.	uk	
Directo	r	Name:	Dawn Baxendale	Tel:	023 8083 2966
		E-mail:	Dawn.baxendale@southampton	.gov.u	ık
STATE	MENT OF	CONFID	ENTIALITY		
None					
BRIEF	SUMMAR	Y			
In recognition that an essential ingredient to becoming dementia friendly is shaping communities around the views of people with dementia and their carers, Appendix 1 to this report provides a brief summary of the key outcomes from a visit to the Memory Café at Medwall Court, Thornhill on 6th October 2015.In addition, learning from best practice identified at the inaugural meeting of the inquiry, and to ensure that momentum is maintained, it is recommended that steps are taken to commence the Dementia Friendly Communities application process for Southampton and to instigate a procurement process to engage an organisation to oversee and kickstart the drive to becoming dementia friendly.RECOMMENDATIONS: That the Panel(i)Note the feedback received from the visit to Medwall Court on 6th October and ensure that this information is taken into consideration during discussions with invited guests throughout the inquiry.(ii)Support the submission of an application to begin the process of being recognised as a dementia friendly community.					
	(iii) Support the commencement of a procurement process, overseen by the Integrated Commissioning Unit (ICU), to appoint an organisation to oversee the process of making Southampton dementia friendly.				
REASO	NS FOR	REPORT	RECOMMENDATIONS		
1.	To ensure that the voice of people with dementia and their carers are at the heart of the process of creating dementia friendly communities.				
2.	Becoming a dementia-friendly community may take a number of years. The recommendations will help to ensure that the momentum and support for this initiative is effectively harnessed.				
ALTER		<b>OPTIONS</b>	CONSIDERED AND REJECTED		
3. To not engage with people with dementia. This was rejected because the voice of people with dementia should be at the heart of the process.					

4.	To not commence the application process or procurement process. This was rejected because best practice identified in the introductory meeting of the inquiry acknowledged that having a dedicated team to oversee and kick start the process was a key factor in the success achieved by a number of communities.	
DETAIL	(Including consultation carried out)	
5.	The report from the Alzheimer's Society, 'Building dementia-friendly communities: A priority for everyone', identifies that a key area communities working to become dementia friendly should focus on is the involvement of people with dementia to shape communities around the needs and aspirations of people living with dementia.	
	Memory Café – Medwall Court	
6.	In recognition of this Amanda Luker, Commissioner within the Integrated Commissioning Unit, and Mark Pirnie, Scrutiny Manager, attended a meeting of the Memory Café at Medwall Court to inform people with dementia about the inquiry and to encourage feedback about how dementia friendly Southampton is. Memory cafes are run by Admiral Nurses and supported by Carers in Southampton, they provide access to support and information in a sociable setting for people with dementia and their carers.	
7.	The key issues raised at the 6 October 2015 session are attached as Appendix 1. The Panel will note that a number of the issues identified are to be considered at future meetings of the inquiry and should therefore be raised with invited guests when considering these subjects.	
8.	On behalf of the Panel it is the intention of the Scrutiny Manager to seek to engage with people with dementia and their carers as widely as possible throughout this process. A commitment has been made to return to the Memory Café at Medwall Court in the new year to discuss the emerging inquiry recommendations to ensure that they reflect the needs of people with dementia and their carers.	
	Dementia Friendly Communities Application	
9.	It is recognised that becoming a dementia friendly community may take a number of years. The Panel indicated at the meeting on 24 <sup>th</sup> September 2015 that they were keen to make progress in making Southampton dementia friendly as opportunities arise, rather than waiting until the end of the process.	
10.	Submitting an application now to be recognised as a dementia friendly community will enable us to formally start the journey and help make progress, and focus support, for making Southampton dementia friendly.	
11.	Associated with this ambition is the recommendation that the ICU commence a procurement process to appoint an organisation that can lead the process of galvanising community support for dementia friendly Southampton. This reflects the evidence presented at the 1 <sup>st</sup> meeting of the inquiry that identified the value in having a dedicated team to oversee and kick start the process of becoming dementia friendly.	
12.	The ICU have identified funding to support this process for a period of 1 year.	
RESOURCE IMPLICATIONS		

Capital/Revenue				
13.	The Integrated Commissioning Unit has an identified budget for 2015/16 to support this recommendation.			
Proper	y/Other			
14	None			
LEGAL	IMPLICATIONS			
<u>Statuto</u>	ry power to undertake proposals i	<u>n the report</u> :		
15.	The duty to undertake overview and the Local Government Act 2000.	d scrutiny is set out in Part 1/	A Section 9 of	
Other L	egal Implications:			
16.	None			
POLICY	FRAMEWORK IMPLICATIONS			
17.	<ul> <li>17. The outcome of the scrutiny review may contribute to the following priorities within the Council Plan:</li> <li>Protecting vulnerable people</li> <li>Prevention and early intervention</li> <li>City Pride</li> </ul>			
KEY DE	CISION? No			
WARDS	S/COMMUNITIES AFFECTED:	None directly as a result of th	nis report	
	SUPPORTING DO	CUMENTATION		
Append	lices			
1.	Feedback from the visit to the Mem	ory Café – Medwall Ct, Thor	nhill	
Docum	ents In Members' Rooms			
1.	None			
Equalit	y Impact Assessment			
Do the implications/subject of the report require an Equality and Safety Impact Assessments (ESIA) to be carried out.				
Privacy Impact Assessment				
Do the implications/subject of the report require a Privacy Impact No Assessment (PIA) to be carried out.				
Other Background Documents Equality Impact Assessment and Other Background documents available for inspection at:				
Title of	Title of Background Paper(s)       Relevant Paragraph of the Access to         Information Procedure Rules / Schedule         12A allowing document to be         Exempt/Confidential (if applicable)			
١.				

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## Agenda Item 7

Appendix 1

## Scrutiny Panel – Dementia Friendly Southampton

## Feedback from the visit to the Memory Café – Medwall Ct, Thornhill

2:30pm to 3:30pm, 6th October 2015 – Amanda Luker / Mark Pirnie

Session attended by approximately 14 people with dementia and their carers.

## Key issues raised:

## Public Transport / Access

- Bus services are unreliable, there are too many changes to the services, and concerns regarding bus routes to medical facilities (including Moorgreen). This confusion has led to a loss of independence for some people with dementia.
- Changes to services need to be communicated more effectively.
- Transport issues are preventing some people from accessing leisure and community services.
- More free disabled car parking spaces would help.

### **Communications / Awareness**

• Lack of awareness around what help and activities are available for people with dementia. People with dementia commented that they only become aware of the full extent of services available when their conditions became more advanced.

## Gaps in the system

- Perception of a lack of support for the carers of people with dementia whose partners are aggressive. Day services do not accept them because they are deemed too disruptive.
- Public toilets are an issue Can more high street business be encouraged to become dementia friendly?

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DECISION-MAKER:		SCRUTINY INQUIRY PANEL – DEMENTIA FRIENDLY SOUTHAMPTON		
SUBJECT:		MEETING TWO – CHALLENGE STIGMA, ACKNOWLEDGE POTENTIAL AND ENGAGEMENT IN COMMUNITY LIFE		
DATE OF DEC	CISION:	29 OCTOBER 2015		
<b>REPORT OF:</b>		DIRECTOR OF QUALITY AND INTEGRATION		
		CONTACT DETAILS		
AUTHOR:	Name:	Amanda Luker	Tel:	023 8072 5568
	E-mail:	Amanda.Luker@southamptoncityccg.nhs.uk		
Director	Name:	Stephanie Ramsey	Tel:	023 8029 6941
	E-mail:	Stephanie.Ramsey@southampton.gov.uk		
07475MENT				

#### STATEMENT OF CONFIDENTIALITY

None

#### **BRIEF SUMMARY**

For the second meeting of the Making Southampton a Dementia Friendly City Inquiry a number of invited experts will provide an outline of the service(s) and the contribution that they currently make towards making Southampton a dementia friendly city. They will provide detail of any gaps that they are currently aware of from best practice, and provide recommendations of where as a city we should be doing more and/or doing things differently.

As described in the introduction meeting, the work and priorities are aligned to the existing framework in place: Alzheimer's Society building dementia-friendly communities: a priority for everyone. The following key areas from the framework have been identified as fitting 'naturally together' and so will form the basis of the second meeting.

- Challenge stigma and build understanding work to breakdown the stigma of dementia, including seldom heard communities, and increase awareness and understanding of dementia.
- Acknowledge potential ensure that people with dementia themselves acknowledge the positive contribution they can make to their communities, build on the goodwill in the general public to make communities dementia friendly.
- Practical support to enable engagement in community life, and accessible community activities offer organised activities that are specific and appropriate to the needs of people with dementia. Also ensure that existing leisure services and entertainment activities are more inclusive of people with dementia.

RE	RECOMMENDATIONS:			
		(i)	The Panel is recommended to consider the comments made by the invited experts and use the information provided as evidence in the review.	

REASO	REASONS FOR REPORT RECOMMENDATIONS			
1.	To enable the Panel to compile a file of evidence in order to formulate findings and recommendations at the end of the review process.			
ALTER	NATIVE OPTIONS CONSIDERED AND REJECTED			
2.	None.			
DETAIL	. (Including consultation carried out)			
3.	Sue Dewhurst, Public Health Support Manager, Public Health England South East and Sally Denley, Public Health Development Manager, Southampton City Council, have been invited to outline Public Health England position on making dementia friendly communities, and how this is being delivered locally.			
4.	Sharon Harwood, Southampton Integrated Service Matron, Southern Health NHS Foundation Trust, has been invited to share her knowledge about current services, including the memory advisory service. The aim of this service is to promote social inclusion to those living with dementia, it works with individuals and families to review and establish self-management goals within a personal programme. It also offers drop is sessions for information, advice and to provide an opportunity to socialise.			
5.	Karen Cotton, Lead Admiral Nurse, Solent NHS Trust has been invited to outline the contribution of Admiral Nurses. They are specialist dementia nurses who give practical and emotional support to family/informal carers, as well as the person with dementia. They offer support to families throughout their experience of dementia that is tailored to individual needs and challenges.			
6.	Gary Walker, Services Manager South Hampshire, Alzheimer's Society has been invited to outline current and future service provision for social activity groups in the city, unfortunately he is unable to attend the meeting, but is committed to identifying an alternative representative to attend. The Alzheimer's Society were successful in being awarded a one year grant to kick start a number of community based activity groups, these included; a monthly walking group, art classes, seafaring memories group. Groups were to work towards becoming financially sustainable at the end of the one year grant period; these groups were in addition to existing signing for the brain groups.			
7.	The Arts Council were also invited to attend to present details of grant opportunities and projects related to dementia. An invitation has been sent to the relationship manager for the region, at the time of preparing this report confirmation of attendance has not yet been received.			
8.	In the event that they are unable to send a representative please find below links to resources that The Arts Council provide online of previous programmes that have been funded in regards to dementia.			
	http://www.artscouncil.org.uk/funding/funded-projects/case-studies/fleeting- moments-lift-spirits-people-dementia/ http://www.artscouncil.org.uk/news/arts-council-news/250000-uks-first- dementia-friendly-arts-venue/			
	And more locally and up to date, the Bournemouth Symphony Orchestra,			

who received Arts Council funding.				
http://www.theguardian.com/music/2015/jun/22/breakthroughs-in- bournemouth-how-the-bso-is-providing-relief-for-people-with-dementia				
<ul> <li>9. The guests invited to present information at the meeting will take questions from the Panel relating to the evidence provided. Copies of any presentations will be made available to the Panel</li> </ul>				
RESOURCE IMPLICATIONS				
Capital/Revenue				
10. None.				
Property/Other				
11 None.				
LEGAL IMPLICATIONS				
Statutory power to undertake proposals in the report:				
12. The duty to undertake overview and scrutiny is set out in Part 1A Section 9 of the Local Government Act 2000.	of			
Other Legal Implications:				
13. None				
POLICY FRAMEWORK IMPLICATIONS				
14. None				
KEY DECISION? No				
WARDS/COMMUNITIES AFFECTED: None directly as a result of this report				
SUPPORTING DOCUMENTATION				
Appendices	_			
1. None				
Documents In Members' Rooms				
1. None				
Equality Impact Assessment				
Do the implications/subject of the report require an Equality and Safety No Impact Assessments (ESIA) to be carried out.				
Privacy Impact Assessment				
Do the implications/subject of the report require a Privacy Impact No Assessment (PIA) to be carried out.				
Other Background Documents	$\neg$			
Equality Impact Assessment and Other Background documents available for inspection at:				
Title of Background Paper(s) Relevant Paragraph of the Access to Information Procedure Rules / Schedule				

12A allowing document to be Exempt/Confidential (if applicable			
1.			
2.			